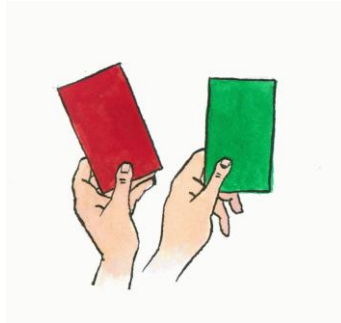


Traffic light game

Children love this game. Take it in turns to give the instructions and watch them giggle as they get you to do things!



What you need:

- Paper
- Red and green pen

What to do:

Cut out two pieces of paper. Ask your child to colour in one piece red and the other green. Tell them that when you hold up the green card they have to start doing what you have suggested e.g. clapping, star jumps, hopping and when you hold up the red card, they have to stop what they are doing. Let your child then give you the instructions and let them lead the game (this is the bit they like the best)!

Questions to ask.....

- Start hopping, jumping, rolling your armsetc?
- How many times can you do that until you see the red card?

I did 15 star jumps before I saw the red card! How many can you do?

