



Painting with tea bags

Children love mark making and getting messy. This is a great way of using any cold tea bags too!



What you need:

- Used tea bags
- Paper

What to do:

Collect any used tea bags (fruit tea bags are good too). Make sure they are damp or wet. Encourage your child to use them as a sponge and make different marks on the paper. Can they make patterns and shapes?

Questions to ask.....

- What does the tea bag feel like when it's wet/dry?
- What does it smell of?
- What shapes can you make?

What did I paint with my tea bags today?

