

Throwing things

Children love to throw things at a target. This game is great for hand eye coordination.



What you need:

- A few containers e.g. pan, washing up bowl, laundry basket
- Rolled up socks, soft balls, scrunched up newspaper
- Paper and pen

What to do:

Put the different containers on the floor. You could put a piece of paper next to them with a number on or colour. Show your child how to throw an object in to a container. You could give each one a score if it goes in. You could even time how many they get in in a minute. To make it harder, you could move the containers further back or blindfold your child!

Questions to ask.....

- How many objects can you get in the box?
- Can you get 5 in the box?
- How many points do you have now?

How many balls are in my box?

